

Thriving through Change, Challenge and Stress

RESILIENCE is the ability to bounce back and move forward from adversity, anxiety, trauma, loss and disappointment; and the intensity of just being, in today's world.
'Ultimately, RESILIENCE is going to be the only ability that counts.'

Parent Information Evening

In response to a request from school principals

6.30pm, Tuesday 12 June 2018

C3 Conference Centre, Southampton Street

(Opposite the stock yards)

Stortford Lodge, Hastings

Presenters:

Anita Johansen - Clinical Psychologist

Edmond Otis - Health Educator & Licensed Psychotherapist

Followed by 'On the couch with experts' Q & A Session for Parents

Dr Russell Wills, CAFS, MOE, School Principal

